



SRI RAAJA RAAJAN

COLLEGE OF ENGINEERING AND TECHNOLOGY

(APPROVED BY AICTE, NEW DELHI & AFFILIATED TO ANNA UNIVERSITY, CHENNAI)

146/14B1, Amaravathi Village, Amaravathiputhur Post,

Karaikudi -630301, Sivagangai Dt, Tamilnadu

Website: www.sriraaajaraajan.in. E - Mail: srrcet2010@gmail.com. Ph: 04565-234230

National Service Scheme



Yoga for Healthy Body and Mind

Date: 21.01.2020





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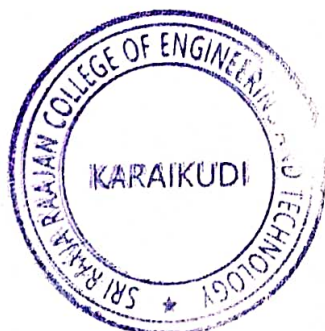
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EVENT SCHEDULE

1	Name of the Event(Seminar/Workshop/Conference/FDP/Any others)	Yoga for Healthy Body and Mind
2	Name of the Organizer	National Service Scheme
3	Date of Event	21 st January 2020
4	Venue of the Event Conducted	College Auditorium,
5	Title of the Event	Yoga for Healthy Body and Mind
6	Name of the Programme Officer	NSS Programme Officer
7	Total Participants	100
8	Objectives of the Event	The goal of the International Day of Yoga is to raise awareness of the various advantages of yoga around the world.





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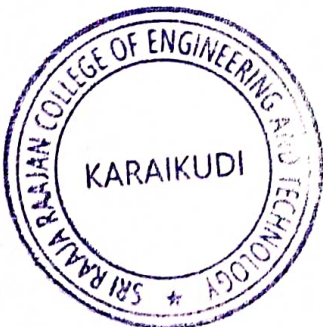
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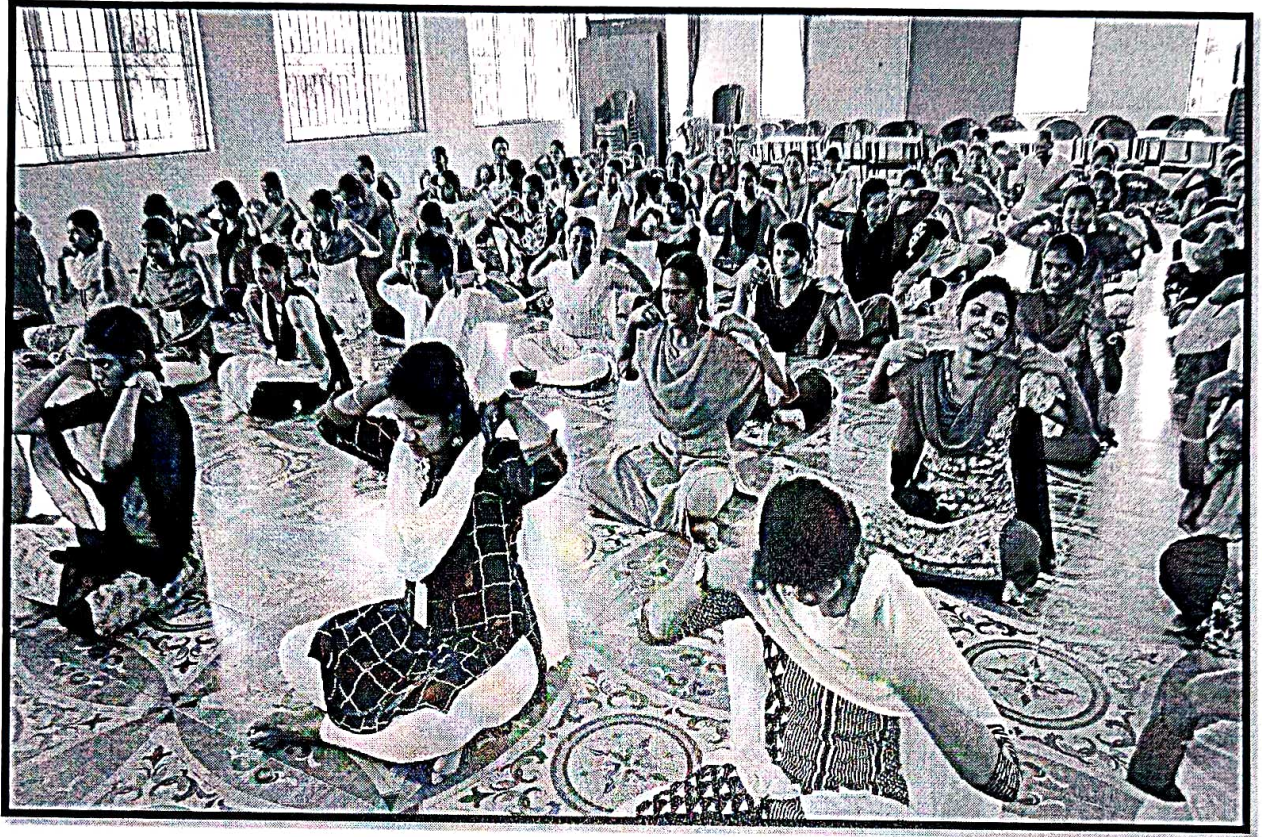
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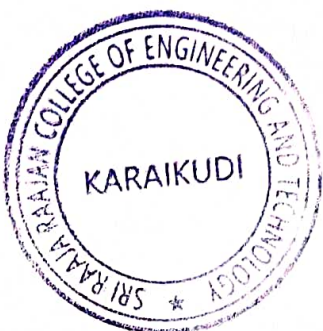
REPORT

On January 21st, 2020, NSS volunteers and students of Sri Raaja Raajan college of Engineering and Technology for took part in a Yoga session at College Auditorium. Our college Chairman Dr.S.Subbaiah, Inaugurated the event which was supervised by Secretary V.Sarankumar . Yoga instructors from the “Isha Foundation “explained how Yoga may benefit both the mind and the body. Following that, they led the participants through some basic yoga exercises. 200 NSS volunteers and students eagerly participated in the “Yoga Division of Salem Isha Centre”. Hence the students were benefited.





YOGA





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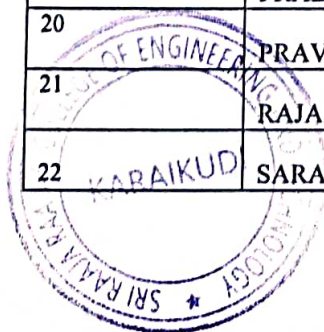
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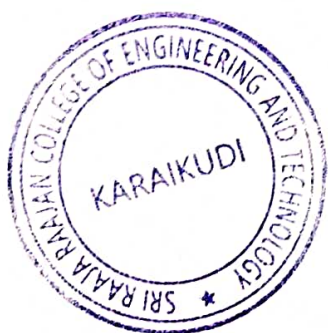
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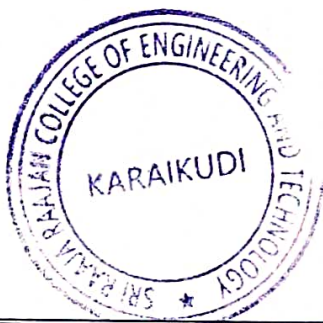
S.NO	NAME	DEPARTMENT
1	ALAGUNILA.V	EEE
2	ANITHA.M	EEE
3	ARAVINDH.V	EEE
4	ARCHANADEVI.A	EEE
5	ARUNKUMAR.K	EEE
6	BALARAMAN.S	EEE
7	DEEPIKA.R	EEE
8	GOWSALYA.R	EEE
9	JANANI.P	EEE
10	JASMIN LITHYA.A	EEE
11	JOTHIKA.D	EEE
12	MANOJ.T	EEE
13	MARIYASELSIA.K	EEE
14	MUKILADEVI.M	EEE
15	MUNEESWARAN.M	EEE
16	NARMATHASRI.K	EEE
17	PANDICHELVI	EEE
18	PARTHA SARATHI.B	EEE
19	PRADEEP.V	EEE
20	PRAVIN.G	EEE
21	RAJA.R	EEE
22	SARANYA.L	EEE



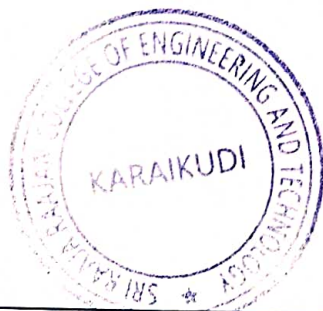
S.NO	NAME	DEPARTMENT
23	ABINAYA.C	ECE
24	ABINAYA.S	ECE
25	AJITHA .R	ECE
26	A.ARUNKUMAR	ECE
27	BARVIN BANU.I	ECE
28	CAROLINE.J	ECE
29	CUBA.PS	ECE
30	DEEPA.K	ECE
31	DHINESH.K	ECE
32	EZHILNILA.U	ECE
33	GNANASUMITRA.A	ECE
34	JOTHIKA.D	ECE
35	KARPAGAM.A	ECE
36	MUNEESWARI.N	ECE
37	NAGA ARASI.S	ECE
38	NALINI.M	ECE
39	NANTHINI.R	ECE
40	NIVETHA.R	ECE
41	PANDIMEENAL.G	ECE
42	PREETHI.M	ECE
43	PREMA.S	ECE
44	PRIYADHARSHINI.M	ECE
45	PRIYATHARSHINI.K	ECE
46	RATHIGA.S	ECE



S.NO	NAME	DEPARTMENT
47	DINESH.P	MECH
48	DIVAKARAN.U	MECH
49	ENIYAVAN.G	MECH
50	ESECKIYA.S	MECH
51	GOKUL.A	MECH
52	GOWSALYA.K	MECH
53	HARIHARAN.T	MECH
54	HARISURIYA.S	MECH
55	ILLAIYARAJA.P	MECH
56	JEGATHESHWARAN.S	MECH
57	JEGATHESHWARI.S	MECH
58	KABIL.K	MECH
59	KALAIVANAN.M	MECH
60	KALEESWARAN.S	MECH
61	KARTHICK.G	MECH
62	KARTHICK.P	MECH
63	KARTHICKPANDI.M	MECH
64	KARTHIKEYAN.K	MECH
65	KARUPPASAMY.L	MECH
66	KATHIRVELAN.K	MECH
67	KAVIYARASU.K	MECH
68	LAKSHMIKANDAN.L	MECH



S.NO	NAME	DEPARTMENT
69	DHANABALAN.T	CIVIL
70	GANANASEKARAN.J	CIVIL
71	GOKUL.N	CIVIL
72	GOPALAKRISHNAN.M	CIVIL
73	GOPINATH.V	CIVIL
74	HAMEED RISWAN.H	CIVIL
75	RAMYA.R	CIVIL
76	DHANALAKSHMI.M	CIVIL
77	DHIVYA BHARATHI.M	CIVIL
78	DHIVYA.M	CSE
79	DIVYABHARATHI.S	CSE
80	GANGADEVI.C	CSE
81	GAYATHRI.S	CSE
82	GOWTHAM.R	CSE
83	HEMALATHA.N	CSE
84	KANNAN.P	CSE
85	KARTHIGA.K	CSE
86	KARTHIMANI.P	CSE
87	SANGEETHA.S	CSE
88	SANGEETHA.S(3.2.2000)	CSE
89	SARANYA.G	CSE
90	SARATHA.S	CSE
91	SOLAIYAMMAL.R	CSE
92	SUREKA.R	CSE
93	SUTHA.S	CSE



S.NO	NAME	DEPARTMENT
94	DHANABALAN.T	CSE
95	GANANASEKARAN.J	CSE
96	GOKUL.N	CSE
97	GOPALAKRISHINAN.M	CSE
98	GOPINATH.V	CSE
99	HAMEED RISWAN.H	CSE
100	RAMYA.R	CSE



A handwritten signature in green ink, appearing to be "Raj" or similar.

PRINCIPAL

Sri Raaja Raajan College of Engg. & Tech.,
Amaravathipudur, Karaikudi - 630 301
Sivagangai Dist. Tamil Nadu